

## Update for borough and parish councillors

### Stay Alert, Control the Virus, Save Lives

This week, the Government has announced some changes to the lockdown rules:

#### From Monday 1st June

- Nurseries and other early years settings and reception, year one and year six in primary schools will reopen in a safe way;
- Outdoor retail and car showrooms, where social distancing is generally easier, will reopen; and
- Up to six people will be able to meet outside (in parks, gardens and other private outdoor space) - provided those from different households continue strictly to observe social distancing rules by staying two metres apart.

#### From Monday 15th June

- Secondary schools will begin to provide some face-to-face contact time for years 10 and 12; and
- The government intends to reopen other non-essential retail - but only provided the five tests are still being met and shops have been made Covid secure.

**Please note that those who have been asked to shield themselves should continue to do so.**

### Test and Trace Service

The NHS test and trace service launched on 28<sup>th</sup> May. The service:

- ensures that anyone who develops symptoms of coronavirus (COVID-19) can quickly be tested to find out if they have the virus; and,
- helps trace close recent contacts of anyone who tests positive for coronavirus and, if necessary, notifies them that they must self-isolate at home to help stop the spread of the virus.

Find out more here: <https://www.gov.uk/guidance/nhs-test-and-trace-how-it-works>

The Government has also) expanded testing availability from 28<sup>th</sup> May for children aged under 5, to help support the phased opening of schools and childcare settings in England from 1st June. All symptomatic individuals in England will be able to access a test if they need one.

### Key Messages

Whilst there is some easing of the rules, we are continuing to promote the Government's messaging to 'stay alert, control the virus, save lives'. Locally we are also promoting the message in West Norfolk to '**protect ourselves, protect others.**'

The key messages that we continue to promote are:

- stay at home as much as possible;
- work from home if you can;
- limit contact with other people;
- keep your distance if you go out (2 metres apart wherever possible);
- wash your hands regularly;
- self-isolate if you or anyone in your household has symptoms.



We are sustaining a continuous flow of communications across our channels to emphasise the Government guidance and support people across West Norfolk to stay safe.

The Government's coronavirus FAQs is a useful guide:

<https://www.gov.uk/government/publications/coronavirus-outbreak-faqs-what-you-can-and-cant-do>

## Latest updates

Here are this week's latest updates:

### Activity Club Sessions

**The free Activity Club Sessions, which Alive West Norfolk has been providing for children of essential workers, will finish at the end of May.**

Since March, Alive West Norfolk has been running the sessions for children aged 5-14 years old at Lynnsport. Initially these sessions were for children of Queen Elizabeth Hospital staff but they were subsequently also offered to essential workers from service providers such as the Council, the Police, and the ambulance service. Staff kept children entertained with a range of activities including sports, fitness, arts and crafts, video games, and films.

The sessions have been very successful, especially during the school holidays, but with other options becoming available from June, the sessions will finish at the end of the month. Alive West Norfolk has been really pleased to be able to support keyworkers and their families in this way for more than two months.

### Coastal Guidance

**As lockdown restrictions are eased, we have been putting measures in place to help visitors to the coast to adhere to Government guidance. We want to create a safe environment for residents and visitors to our coast.**

Our measures include:

- Installing external wash basins in Hunstanton and on North Beach in Heacham. Another basin is also planned for South Beach in Heacham;
- Placing signage around Hunstanton reminding visitors around the resort to follow social distance guidance;
- Widening the path from the Cliff Top car park to the beach in Hunstanton;
- Opening car parks so that visitors can get in, get parked easily, and access the beach, promenade and The Green in Hunstanton with as little impact as possible on the local community;
- Environmental Health Officers have been patrolling Hunstanton and Heacham each weekend to help vendors and ensure social distancing occurs, and
- The public toilets are open, but we are advising people that maintaining social distancing in toilets is virtually impossible.



We are also encouraging all visitors to follow Government guidance, namely:

- Regular handwashing and sanitising;
- Wearing face coverings, as appropriate;
- Planning ahead and following the guidance on safe travel;
- Not visiting at peak times;
- Maintaining social distance;
- And importantly we are asking visitors to please respect local residents.

## Markets

**With lockdown restrictions easing and Government advice that markets can reopen, traders are set to return to King's Lynn and Hunstanton.**

In King's Lynn traders are coming back to the Tuesday Market Place on Tuesday. All of the borough council market traders have relocated here to keep the town centre safe and ensure social distancing can occur.

Meanwhile Hunstanton will welcome their traders back on Sunday to the usual location in the Southend Car Park, off Le Strange Terrace.

We are grateful to the traders for their understanding with the new measures in place which include larger spaces between stalls and to monitor the number of customers who visit their stall at any one time.

Both markets are managed by the borough council, anyone requiring more information can contact 01553 616202 or [markets@west-norfolk.gov.uk](mailto:markets@west-norfolk.gov.uk)

## Meetings

Our meetings are now taking place virtually. Our next Planning Committee meetings are set to take place on 1<sup>st</sup>, 15<sup>th</sup>, and 29<sup>th</sup> June. More information is available here: <https://democracy.west-norfolk.gov.uk/ieDocHome.aspx?bcr=1>

## Recycling Centres

Norfolk County Council reopened Heacham Recycling Centre on Thursday 28<sup>th</sup> May. This is in addition to King's Lynn Recycling Centre which reopened earlier this month. Smaller centres at Docking and Wereham remain closed.

To manage demand and help ensure safe operations, the centres will continue to offer a restricted service and:

- Require physical distancing of two metres by all customers;
- Operate on a managed one in one out basis for vehicles;
- Manage any build-up of traffic for people's safety;
- Only allow two adults out of a vehicle to unload their waste;
- Assistance will not be offered to help empty vehicles;
- Provide for the disposal and recycling of the main waste streams including green waste, general waste and charged for DIY type construction and demolition waste;
- Reuse shops remain closed.



Anyone with any queries should contact Norfolk County Council:

<https://www.norfolk.gov.uk/rubbish-recycling-and-planning/rubbish-and-recycling/find-your-local-recycling-centre>

## Borough Council service impacts

All of our service impacts can be found here: [www.west-norfolk.gov.uk/coronavirus](http://www.west-norfolk.gov.uk/coronavirus)

Please remember our council offices are no longer accepting visits from the public. People can contact us through Live Chat on our website, or by calling us on 01553 616200. Anyone needing to provide documents can post and drop these into the letterbox which is emptied daily.

If you require specific information about any of the issues raised in this update, please contact [communications@west-norfolk.gov.uk](mailto:communications@west-norfolk.gov.uk)

## Useful contacts and information

### The Recovery Strategy

- The government's Covid-19 Recovery Strategy can be found here: <https://www.gov.uk/government/publications/our-plan-to-rebuild-the-uk-governments-covid-19-recovery-strategy>
- Useful Frequently Asked Questions on the new guidance can be found here: <https://www.gov.uk/government/publications/coronavirus-outbreak-faqs-what-you-can-and-cant-do/coronavirus-outbreak-faqs-what-you-can-and-cant-do>

[do?fbclid=IwAR1wG6xaBd9AB8cxf8IYvL9DcUEQmTqdVZTdZ1rEvYrsC-x\\_qJv2-yLC3\\_c#public-spaces--outdoor-activities--exercise](https://www.gov.uk/guidance/public-spaces-outdoor-activities-exercise)

- The Government's coronavirus information: [https://www.gov.uk/coronavirus?fbclid=IwAR2-nPimzTLucjDngnYBMdZwiz1xLtW\\_kairezYMAZhnA2H-Jgk3TSv2AV4](https://www.gov.uk/coronavirus?fbclid=IwAR2-nPimzTLucjDngnYBMdZwiz1xLtW_kairezYMAZhnA2H-Jgk3TSv2AV4)

### **Bereavement**

The government has published a guide on 'What to do when someone dies during the COVID-19 pandemic' which shares important information to help bereaved families, friends or next of kin make important decisions during this national emergency and explains the next steps, answers some of your questions, and guides you to the extra help and support that is available.

[https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\\_data/file/887996/What\\_to\\_do\\_when\\_someone\\_dies\\_during\\_the\\_COVID\\_19\\_pandemic.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/887996/What_to_do_when_someone_dies_during_the_COVID_19_pandemic.pdf)

### **Business Support**

- The government advice for businesses is available here: <https://www.gov.uk/coronavirus/business-support>
- The Growth Hub from the New Anglia LEP offers free, expert advice for any business in Norfolk and Suffolk and the advisers are able to signpost employers and employees to details of the new Government support schemes. They're a valuable additional resource. Please call them on 0300 333 6536 or email [growthhub@newanglia.co.uk](mailto:growthhub@newanglia.co.uk)

In addition, as businesses start to think about returning to work – especially non-essential retail – the following resources may be useful:

- HSE: <https://www.hse.gov.uk/news/working-safely-during-coronavirus-outbreak.htm>
- Gov.uk: <https://www.gov.uk/guidance/working-safely-during-coronavirus-covid-19>
- 5 steps to working safely: <https://www.gov.uk/guidance/working-safely-during-coronavirus-covid-19/5-steps-to-working-safely>
- More free webinars are planned next week: <https://www.eventbrite.co.uk/o/departments-for-business-energy-and-industrial-strategy-18685150848>

### **Education**

Guidance on actions for education and childcare settings to prepare for wider openings from 1<sup>st</sup> June: [https://www.gov.uk/government/publications/actions-for-educational-and-childcare-settings-to-prepare-for-wider-opening-from-1-june-2020/actions-for-education-and-childcare-settings-to-prepare-for-wider-opening-from-1-june-2020?fbclid=IwAR1v\\_1hiMDf\\_EBeufyZnKeiDiVsdNak3CERgGW-vtwU5DkBXVKukEVxUa4](https://www.gov.uk/government/publications/actions-for-educational-and-childcare-settings-to-prepare-for-wider-opening-from-1-june-2020/actions-for-education-and-childcare-settings-to-prepare-for-wider-opening-from-1-june-2020?fbclid=IwAR1v_1hiMDf_EBeufyZnKeiDiVsdNak3CERgGW-vtwU5DkBXVKukEVxUa4)

### **Health advice**

The best places for health advice are:

- NHS - <https://www.nhs.uk/conditions/coronavirus-covid-19/>
- Public Health England - <https://www.gov.uk/guidance/coronavirus-covid-19-information-for-the-public>

### **Norfolk County Council**

Norfolk County Council has useful information: <https://www.norfolk.gov.uk/care-support-and-health/health-and-wellbeing/adults-health/coronavirus/community-support-for-people-at-home/help-if-you-are-self-isolating>

**Risk Assessment**

How to carry out a Covid-19 risk assessment: [https://www.hse.gov.uk/simple-health-safety/risk/index.htm?fbclid=IwAR0g5D\\_LFXrLi2dzlzf2Z8GO5aQ\\_PdrF0qPQLU0aI0UxpV2XT6K9pFW\\_EKQ](https://www.hse.gov.uk/simple-health-safety/risk/index.htm?fbclid=IwAR0g5D_LFXrLi2dzlzf2Z8GO5aQ_PdrF0qPQLU0aI0UxpV2XT6K9pFW_EKQ)

**Social Distancing**

Guidance on staying alert and social distancing:  
<https://www.gov.uk/government/publications/staying-alert-and-safe-social-distancing>

**Social distancing guidance for young people**

The Cabinet Office has published guidance for young people in England on social distancing that explains the new measures that will help young people stay safe as rules on being outside, or at school or work, change.

<https://www.gov.uk/government/publications/stay-alert-and-safe-social-distancing-guidance-for-young-people>

**Staying Safe Outside the Home**

The Government has issued guidance about staying safe outside the home:  
<https://www.gov.uk/government/publications/staying-safe-outside-your-home>

**Travel**

Guidance on safer travel: [https://www.gov.uk/guidance/coronavirus-covid-19-safer-travel-guidance-for-passengers?utm\\_source=76e96676-dd58-4538-ab23-551972a77e8d&utm\\_medium=email&utm\\_campaign=govuk-notifications&utm\\_content=immediate](https://www.gov.uk/guidance/coronavirus-covid-19-safer-travel-guidance-for-passengers?utm_source=76e96676-dd58-4538-ab23-551972a77e8d&utm_medium=email&utm_campaign=govuk-notifications&utm_content=immediate)

**Working Safely**

Guidance on working safely during coronavirus: <https://www.gov.uk/guidance/working-safely-during-coronavirus-covid-19>