

BECOMING A MENTAL HEALTH CHAMPION

The LINK Project, which is part of the Point 1 service, offers a free two-day training course to become a Mental Health Champion.

The training is available to any staff member working at a universal setting, such as a school, Early Years provider, GP practice, children's centre or a health visitor. The two-day training covers topics such as child development, information sharing, common mental health issues and guidance on how to refer into specialist services. After the two-day training, you are then qualified as a Mental Health Champion.

Once qualified, you are eligible to attend specialist training sessions that cover a wide range of topics throughout the year. You also have access to in-house consultations, regular locality meetings, our extensive LINK resource and information database, as well as receiving a regular newsletter with service updates, training dates and other CYP Mental Health news. During this time of COVID-19, we are also offering an advice and guidance service via email and over the phone.

If you would like to find out more about the LINK Project or how you can join us as a Mental Health Champion or Associate, please contact us on:
linkwork-point1@ormistonfamilies.org.uk



POINT 1
emotional wellbeing
for children and young people

LINK
Working together for CYP mental health